Fall Boys Team Schedule 2019 – 2020

Fall schedule starts on August 19th. Saturday practice starts on September 7th.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am - 1:00pm						Boys Level 7 - 10
12:30pm - 3:30pm						Boys Level 6 -JD*
4:00 pm - 7:00pm	Boys Level 6 - JD	Boys Level 4, 5, 6*	Boys Level 4, 5, 6*	Boys Level 6 - JD	Boys Level 4, 5, 6*	
5:30pm -8:30pm			Boys Level 6 - JD			
5:30pm - 9:00pm	Boys Level 7 - 10	Boys Level 7 - 10		Boys Level 7 - 10	Boys Level 7 - 10	

^{*1}st Year level 6's practice in this group, and Saturdays at the 12:30pm – 3:30pm time.

This schedule is a guideline to the team workout times. It may change as the year progresses at the coach's discretion. If there is a permanent change made then a notice will be posted in the gym lobby, and sent home with the team kids that are affected.

Level 4, 5, & 6 Group	Level 6 - JD Group	Level 7 - 10 Group
Easton C.	Micah B.	Pearse H.
Noah D.	Gavin J.	Nathan B.
Garrett G.	Jude P.	Jaden B.
Myroslav G.	Weston S.	Peter F.
August P.	Landon S.	Mateo F-Q.
Parker S.	Braden B.	Michael-Luther B.
Blaine S.	James L.	Will M.
CJ S.	John R.	Matthew C.
Tobin T.	Rohan P.	Ian G.
Seth W.	Seven P.	Alex S.
John N.	Mitchell P.	

Fall Girls Team Schedule 2019 – 2020

We will be switching to the fall schedule for Monday - Friday practice times on August 19th.

Saturday practice will start on September 7th.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 - 1:00pm				-		Group 2
4:00pm -7:30pm	Group 1	Group 1 & 4		Group 1 & 4	Group 1 & 4	
4:00 - 7:00pm			Group 3			
5:30 - 8:30pm	Group 2	Group 3	Group 2	Group 2	Group 3	

^{*}This schedule is a guideline to the team workout times. It may change as the year progresses at the coach's discretion. If there is a permanent change made then a notice will be posted in the gym lobby, and sent home with the team kids that are affected.

Girls Team Groups

Group 1 (Level 3, 4, 5, 6)	Group 2 (Xcel Gold/Platinum)	Group 3 (Xcel Bronze/Silver)
Diane A.	Myla D.	Aubrie L.
Franrina B.	Macy F.	Fiona P.
Nadia C.	Stacy K.	Alexa B.
Lola D.	Reyna R.	Daniella C.
Milania E.	Stella T.	Leia M.
Avery B.	Elif E.	Megan G.
Emma C.	Amelia D.	Yoseline I-R
Louisa P.	Reagan L.	Eliza M.
Maxine S.	Giselle I.	Maria P.
Brynn V.	Victoria S.	McKenzie P.
Camryn V.	Lily P.	Lucy T.
Victoria A.	Priyanka T.	
Group 4 (Level 2)		
Yaryna G.		
Ella G.		
Shreyashi G.		
Emery H.		
Josie J.		